



# October 2024- Lunch Menu

Students Must Take ½ Cup Of Fruit Plus 2 Other Items Of Their Choice

Sun	Mon	Tues	Wed	Thu	Fri	Sat
<p><b>On Thursday and Friday, High School Students (9<sup>th</sup>-12<sup>th</sup>) have the option to take either the main meal served for the day, or Salad Bar Freshly Prepared daily.</b> Mixed Salad, Spinach, Cucumber, Broccoli, Cheese Cup, Diced Ham, Shredded Carrots, Boiled Egg, Croutons, Ranch</p>		<p>1 Pepperoni Pizza, Corn, Baby Carrots, Pineapple, Fresh Orange, Jalapenos, Ranch</p>	<p>2 Macaroni and Cheese, Roll, Celery Stick, Green Beans, Mixed Berries, Fresh Pear</p>	<p>3 Pozole with Pork Meat, Shredded Cabbage, Red Radish, Lemon, Corn Tortilla Chips, Cucumber, Red Apple, Mixed Fruit</p>	<p>4 Tuna Sandwich, Iceberg Lettuce, Sliced Tomato, Jicama Sticks, Orange Juice, Fresh Nectarine, Mustard, Hot Cheetos</p>	<p>5 </p>
6	<p>7 Orange Chicken, Steamed Rice, Roll, Broccoli, Corn, Green Apple, Pineapple</p>	<p>8 Chicken Strips, Potato Salad, Peaches, Applesauce, Celery Stick, Baby Carrots, Doritos</p>	<p>9 Barbacoa Burrito, Shredded Lettuce, Diced Tomato, Cucumber, Fresh Orange, Mixed Fruit</p>	<p>10 Chicken Sandwich, Iceberg Lettuce, Sliced Tomato, Jicama Sticks, Fresh Pear, Fruit Punch Juice, Ketchup, Mustard, Mini Grandma Cookies</p>	<p>11 Cheeseburger Sliders, Shredded Lettuce, Sliced Tomato, Baby Carrots, Nectarine, Strawberries, Mini Pretzel Twist, Ketchup, Mustard</p>	12
13	<p>14 Chicken Wings, Corn on the Cob, Macaroni Salad, Roll, Celery Stick, Pineapple, Fresh Kiwis</p>	<p>15 Baked Potato Bar (9<sup>th</sup>-12<sup>th</sup> only) Pepperoni Pizza (PS-8<sup>th</sup>) Bacon, Cheese Cup, Green Onion, Roll, Mixed Vegetables, Broccoli, Ranch, Orange, Peaches</p>	<p>16 Spaghetti with Meat, Green Beans, Cheese Cup, Roll, Red Apple, Celery Stick, Mixed Fruit</p>	<p>17 Chicken Tamales, Rice, Cucumber, Baby Carrots, Apple Slices, Fresh Pear, Salsa</p>	<p>18 Ham and Cheese Sandwich, Iceberg Lettuce, Sliced Tomato, Jicama Sticks, Fresh Grapes, Applesauce, Mustard, Potato Chips</p>	19
20	<p>21 Grilled Chicken Skewer, Rice, Roll, Corn on the Cob, Celery Stick, Fresh Orange, Pineapple</p>	<p>22 Hamburger, Iceberg Lettuce, Slice Tomato, Baby Carrots, Mixed Fruit, Fresh Pear, Pickles, Doritos, Mustard, Ketchup</p>	<p>23 Frito Boat, Cheese Cup, Mixed Salad, Broccoli, Peaches, Applesauce, Frito Chips</p>	<p>24 Chicken Nuggets, Green Beans, Roll, Cucumber, Orange Juice, Fresh Watermelon, Ketchup</p>	<p>25 Hot Dog (Except PS) Grilled Cheese Sandwich, Baked Fries, Strawberries, Jicama Sticks, Fresh Nectarine, Ketchup, Mustard</p>	26
<p>27 </p>	<p>28 Pepperoni Pizza, Corn, Baby Carrots, Fresh Orange, Pineapple, Jalapenos, Ranch</p>	<p>29 Ground Beef, Taco Shell, Cheese Cup, Shredded Lettuce, Diced Tomato, Celery Stick, Apple Juice, Fresh Pear, Salsa, Sour Cream</p>	<p>30 Chicken Strips, Roll, Potato Salad, Baby Carrots, Fresh Grapes, Fresh Kiwis, BBQ Sauce, Ketchup</p>	<p>31 Cheeseburger, Iceberg Lettuce, Sliced Tomato, Cucumber, Mixed Fruit, Red Apple, Ketchup, Mustard, Hot Cheetos</p>	<p><b>Milk With Every Meal</b></p>	<p><b>Menu Subject To Change</b></p>