


October 2022- Breakfast Menu

Students Must Take ½ Cup Of Fruit Plus 2 Other Items Of Their Choice

Sun	Mon	Tues	Wed	Thu	Fri	Sat
2 	3 Breakfast Pizza, Orange Juice, Pineapple Cup	4 Cinni Mini, (Except PS) Mini Begal, Fresh Pear, Mixed Fruit Cup	5 Mini Waffles, Applesauce Cup, Fresh Peaches, Syrup	6 Frosted Flakes Cereal, Bear Grahams, Banana, Apple Slices	7 Peanut Butter and Jelly Sandwich, Fruit Punch Juice, Mixed Fruit Cup	1 8
9	10 Cocoa Puffs Cereal Bar, Fresh Pear, Pineapple Cup	11 Breakfast Burrito, Apple Slices, Peach Cup	12 Raspberry Yogurt, Chocolate Muffin, Fresh Kiwis, Fresh Tangerine	13 Pancake on the Stick, Orange Juice, Green Apple, Syrup	14 Cinnamon Toast Bar, Banana, Pineapple Cup	15
16	17 String Cheese Stick, Blue Berry Muffin, Mixed Fruit Cup, Fresh Pear	18 Biscuit and Sausage, Jelly, Fresh Tangerine, Peach Cup	19 Breakfast Pizza, Apple Juice, Pear Cup	20 Honey Nut Cheerios Cereal, Bear Grahams, Banana, Apple Slices	21 French Toast Sticks, Mixed Fruit Cup, Fresh Pear, Syrup	22
23	24 Peanut Butter and Jelly Sandwich, Fresh Kiwis, Apple Juice	25 Breakfast Burrito, Pineapple Cup, Peach Cup	26 Breakfast Donuts, Green Apple, Pear Cup	27 Cinni Mini, (Except PS) Mini Bagel, Banana, Apple Slices	28 Pancake on the Stick, Orange Juice, Mixed Fruit Cup	29
30	31 Mini Pancakes, Fresh Kiwis, Fresh Tangerines			Milk With Every Meal	Menu Subject To Change	