



November 2023- Lunch Menu

Students Must Take ½ Cup Of Fruit Plus 2 Other Items Of Their Choice

Sun	Mon	Tues	Wed	Thu	Fri	Sat
	<p>On Thursday and Friday, High School Students (9th-12th) will have the option to take either the main meal served for the day, or Salad Bar Freshly prepared daily. Mixed Salad, Spinach, Cucumber, Broccoli, Cheese Cup, Diced Ham, Shredded Carrots, Boiled Egg, Garbanzo Beans, Croutons, Ranch</p>		<p>1 Chicken Wings, Corn on the Cob, Roll, Potato Salad, Pineapple, Orange, Ranch</p>	<p>2 Pozole with Pork Meat, Shredded Cabbage, Red Radish, Lemon, Corn Tortilla Chips, Cucumber, Red Apple, Peaches</p>	<p>3 Salad Bar (9th-12th) only, Pepperoni Pizza (PS-8th) only, Cucumber, Boiled Egg, Diced Ham, Mixed Fruit, Mandarin, Ranch</p>	<p>4 </p>
5	<p>6 Chicken Strips, Baked Fries, Baby Carrots, Celery Stick, Applesauce, Kiwis, BBQ Sauce, Ketchup</p>	<p>7 Cheese Pull Apart, Campbell Chicken Noodle Soup, Broccoli, Pear, Frozen Berries</p>	<p>8 Frito Boat, Mixed Salad, Cheese Cup, Baby Carrots, Pineapple, Orange, Frito Chips</p>	<p>9 Hamburger, Iceberg Lettuce, Sliced Tomato, Jicama Sticks, Strawberries, Mandarin, Ketchup, Mustard, Doritos</p>	<p>10 <u>No School</u></p>	11
12	<p>13 Pepperoni Pizza, Corn on the Cob, Celery Stick, Mixed Fruit, Watermelon, Jalapenos, Ranch</p>	<p>14 Baked Potato Bar (6th-12th) only, Grilled Cheese Sandwich (PS-5th) only, Cheese Cup, Roll, Bacon, Broccoli, Green Onion, Sour Cream, Baby Carrots, Macaroni Salad, Orange, Apple Juice</p>	<p>15 Cheeseburger Slider, Shredded Lettuce, Sliced Tomato, Cucumber, Green Apple, Grapes, Ketchup, Mustard, Hot Cheetos</p>	<p>16 Red Chicken Tamales, Rice, Jicama Sticks, Baby Carrots, Apple Slices, Mandarin, Salsa</p>	<p>17 Baked Chicken, Mashed Potato, Roll, Gravy, Green Beans, Peaches, Fresh Pear</p>	18
19	20	<p>21 Thanks giving</p>	<p>22 Break</p>	<p>23 Break</p>	24	25
26	<p>27 Hot Dog (Except PS) Chicken Nuggets, Potato Salad, Baby Carrots, Orange Peaches, Ketchup, Mustard, Potato Chips</p>	<p>28 Spaghetti with Meat, Roll, Green Beans, Celery Stick, Pear, Mandarin</p>	<p>29 Chicken Strips, Roll, Corn on the Cob, Broccoli, Orange Juice, Grapes</p>	<p>30 Cheeseburger, Iceberg Lettuce, Sliced Tomato, Jicama Stick, Strawberries, Apple Slices, Mustard, Ketchup, Sour Cream and Onion Lays</p>	<p>Milk With Every Meal</p>	<p>Menu Subject To Change</p>