



# November 2022- Breakfast Menu

Students Must Take ½ Cup Of Fruit Plus 2 Other Items Of Their Choice

Sun	Mon	Tues	Wed	Thu	Fri	Sat
		1 String Cheese Stick, Banana Muffin, Apple Slices, Orange Juice	2 Breakfast Burrito, Peach Cup, Green Apple	3 Peanut Butter and Jelly Sandwich, Banana, Mixed Fruit Cup	4 French Toast Sticks, Syrup, Pineapple Cup, Kiwis	5
6	7 Cinni Mini, (Except PS), Mini Bagel, Pear Cup, Fruit Punch Juice	8 Breakfast Pizza, Orange, Mixed Fruit Cup	9 Raspberry Yogurt, Bear Grahams, Pineapple Cup, Fresh Tangerine	10 Mini Pancakes, Syrup, Peach Cup, Banana	11 <b><u>No School</u></b>	12
13	14 Chocolate Donuts, Green Apple, Fresh Kiwis	15 Pancake on the Stick, Syrup, Orange Juice, Pineapple Cup	16 Cocoa Puffs Cereal Bar, Pear, Applesauce	17 Breakfast Burrito, Banana, Apple Slices	18 Peanut Butter and Jelly Sandwich, Pear, Mixed Fruit Cup	19
20	21 	22 <b>Thanks giving</b>	23	24 <b>Break</b>	25 	26
27	28 French Toast Stick, Syrup, Orange Juice, Green Apple	29 Frosted Flakes Cereal, Bear Grahams, Pineapple Cup, Kiwis	30 Mini Waffles, Syrup, Applesauce, Mixed Fruit Cup	<b>Milk With Every Meal</b>	<b>Menu Subject To Change</b>	