



# March 2023- Lunch Menu

Students Must Take ½ Cup Of Fruit Plus 2 Other Items Of Their Choice

Sun	Mon	Tues	Wed	Thu	Fri	Sat
<b>Milk With Every Meal</b>	On Thursdays and Fridays, High School Students (9 <sup>th</sup> -12 <sup>th</sup> ) will have the option to take either the main meal served for the day, or Salad Bar freshly prepared daily. Mixed Salad, Spinach, Cucumber, Broccoli, Cheese Cup, Diced Ham, Shredded Carrots, Boiled Egg, Croutons, Ranch		1 Pepperoni Pizza, Corn, Baby Carrots, Orange, Peaches, Jalapenos, Ranch	2 Cheeseburger, Iceberg Lettuce, Sliced Tomato, Cucumber, Orange, Applesauce, Ketchup, Mustard, Hot Cheetos	3 Bean and Cheese Burrito, Rice, Celery Stick, Baby Carrots, Strawberries, Pear, Salsa	4 
<b>5 Menu Subject To Change</b>	6 Chicken Strips, Corn on the Cob, Pineapple, Apple Slices, Broccoli, BBQ Sauce, Ketchup	7 Spaghetti with Meat, Green Beans, Roll, Cheese Cup, Baby Carrots, Red Apple	8 Calzone Turkey Pepperoni and Cheese, Baked Fries, Vanilla Pudding, Cucumber, Celery Sticks, Mixed Fruit, Kiwis, Ketchup	9 Chicken Drumstick, Potato Salad, Corn, Roll, Fresh Orange, Apple Juice	10 Fish Sticks, Mixed Salad, Baby Carrots, Roll, Peaches, Tangerine, Tartar Sauce, Potato Chips	11
12	13 Chicken Fajitas, Soft Taco, Shredded Lettuce, Diced Tomato, Cheese Cup, Pineapple, Applesauce, Salsa, Sour Cream	14 Frito Boat, Mixed Salad, Cucumber, Cheese Cup, Red Apple, Frito Chips	15 Orange Chicken, Steamed Rice, Roll, Baby Carrots, Tangerine, Apple Juice	16 Hamburger, Iceberg Lettuce, Sliced Tomato, Cucumber, Strawberries, Orange, Ketchup, Mustard, Ruffles Chips	17 Cheese Pull Apart, Baked Fries, Broccoli, Celery Stick, Pineapple, Fresh Grapes, Ketchup	18
19	20 Baked Potato Bar, (6 <sup>th</sup> -12 <sup>th</sup> ), Chicken Nuggets, (PS-5 <sup>th</sup> ), Baby Carrots, Cheese Cup, Bacon, Roll, Celery Stick, Peaches, Applesauce, Sour Cream	21 Green Chicken Tamales, Rice, Cucumber, Salsa, Tangerine, Mixed Fruit	22 Beef Hotdog, (Except PS), Grilled Cheese Sandwich, Macaroni Salad, Orange, Pineapple, Corn on the Cob, Ketchup, Mustard, Hot Cheetos	23 Chicken Sandwich, Iceberg Lettuce, Sliced Tomato, Jicama, Sticks, Peaches, Pear, Ketchup, Mustard	24 Tuna Sandwich Iceberg Lettuce, Sliced Tomato, Celery Sticks, (Avocado 9 <sup>th</sup> -12 <sup>th</sup> only), Red Apple, Doritos, Mustard	25
26 	27 Chicken Wings, Corn on the Cob, Roll, Potato Salad, Baby Carrots, Green Apple, Orange Juice	28 Ground Beef Taco Shell, Shredded Lettuce, Diced Tomato, Broccoli, Red Apple, Sour Cream, Salsa	29 Cheeseburger Sliders, Iceberg Lettuce, Sliced Tomato, Baby Carrots, Orange, Applesauce, Ketchup, Mustard, Lays Potato Chips	30 Pozole with Pork Meat, Shredded Cabbage, Red Radish, Lemon, Celery Stick, Red Apple, Corn Tortilla Chips	31 Grilled Cheese Sandwich, Corn on the Cob, Macaroni Salad, Jicama Stick, Strawberries, Orange, Hot Cheetos	