


January 2022- Lunch Menu

Students Must Take ½ Cup Of Fruit Plus 2 Other Items Of Their Choice

Sun	Mon	Tues	Wed	Thu	Fri	Sat
2	3 	4	5	6 On Thursdays and Fridays, High School students (9-12) will have the option to take either the main meal served for the day, or a Salad Bar freshly prepared daily. Mixed Salad, Spinach, Cucumber, Broccoli, Cheese Cup, Diced Ham, Shredded Carrots, Boiled Egg, Croutons, Ranch	7	1 8
9	10 <u>No School</u>	11 Pepperoni Pizza, Corn, Baby Carrots, Fresh Orange, Pineapple, Green Jalapenos Ranch	12 Chicken Strips, Roll, Peaches, Celery Stick, Applesauce, Broccoli, BBQ Sauce, Ketchup	13 Spaghetti, Roll, Green Beans, Baby Carrots, Red Apple	14 Tuna Sandwich, Iceberg Lettuce, Sliced Tomato, Cucumber, (9 th -12 th Avocado), Orange, Pear, Hot Cheetos	15
16	17 <u>No School</u>	18 Chicken Sandwich, Iceberg Lettuce, Sliced Tomato, Celery Stick, Peaches, Mixed Fruit, Ketchup, Mustard	19 Totally Taco, Shredded Lettuce, Diced Tomato, Baby Carrots, Sour Cream, Pineapple, Kiwis, Salsa	20 Pozole Pork Meat, Shredded Cabbage, Red Radish, Lemon, Corn Tortilla Chips, Celery Stick, Red Apple	21 Baked Potato Bar, Cheese Cup, Roll, Bacon, (6 th -12 th only), (PS-5 th only), Bean and Cheese Burrito, Orange, Strawberries, Corn, Jicama Sticks	22
23	24 Cheese Pull Apart, Baby Carrots, Chicken Noodles Campbell Soup, Pear, Kiwi	25 Red Chicken Tamales, Shredded Lettuce Diced Tomato, Broccoli, Orange, Mixed Fruit	26 Cheeseburger, Iceberg Lettuce, Sliced Tomato, Celery Stick, Peaches, Orange Juice, Ketchup, Mustard	27 Orange Chicken, Steamed Rice, Corn, Broccoli, Roll, Red Apple	28 Ham and Cheese Sandwich, Iceberg Lettuce, Sliced Tomato, Cucumber, Apple Juice, Doritos, Strawberries, Mustard	29
30	31 Pepperoni Pizza, Salad Mixed, Spinach, Broccoli, Mixed Fruit, Green Apple, Ranch, Jalapenos				Milk With Every Meal	Menu Subject To Change