



December 2023- Lunch Menu

Students Must Take ½ Cup Of Fruit Plus 2 Other Items Of Their Choice

Sun	Mon	Tues	Wed	Thu	Fri	Sat
<p>On Thursday and Friday, High School Students (9th-12th) will have the option to take either the main meal served for the day, or Salad Bar Freshly prepared daily. Mixed Salad, Spinach, Cucumber, Broccoli, Cheese Cup, Diced Ham, Shredded Carrots, Boiled Egg, Garbanzo Beans, Croutons, Ranch</p>						
					1 Ham and Cheese Sandwich, Iceberg Lettuce, Sliced Tomato, Baby Carrots, Grapes, Orange, Chocolate Chips Cookies, Mustard	2 
3	4 Pepperoni Pizza, Corn on the Cob, Celery Stick, Peaches, Pear, Jalapenos, Ranch	5 Chicken Wings, Potato Salad, Roll, Baby Carrots, Mixed Fruit, Red Apple, Ranch	6 Frito Boat, Mixed Salad, Cheese Cup, Broccoli, Pineapple, Apple Slices, Frito Chips	7 Chicken Sandwich, Iceberg Lettuce, Sliced Tomato, Cucumber, Orange, Grapes, Ketchup, Mustard, Hot Cheetos	8 Pozole with Pork Meat, Shredded Cabbage, Red Radish, Lemon, Tortilla Chips, Jicama Sticks, Pear, Mandarin	9
10	11 Chicken Strips, Roll, Corn on the Cob, Celery Stick, Pineapple, Orange, BBQ Sauce, Ketchup,	12 Ground Beef Soft Taco, Shredded Lettuce, Diced Tomato, Baby Carrots, Applesauce, Peaches, Salsa	13 Cheese Pull Apart, Campbell Chicken Noodle Soup, Broccoli, Mixed Fruit, Mandarin	14 Hamburger, Iceberg Lettuce, Sliced Tomato, Cucumber, Strawberries, Orange Juice, Doritos, Mustard, Ketchup	15 Red Chicken Tamales, Rice, Salsa, Baby Carrots, Jicama Sticks, Red Apple, Kiwis	16
17	18 	19	20	21	22 	23
		Winter		Break		
24	25	26	27	28	29 Milk With Every Meal	30 Menu Subject To Change
31						