

August 2023- Lunch Menu

Students Must Take ½ Cup Of Fruit Plus 2 Other Items Of Their Choice

Sun	Mon	Tues	Wed	Thu	Fri	Sat
<p>On Thursday and Friday, High School Students (9th-12th) will have the option to take either the main meal served for the day, or Salad Bar freshly prepared daily. Salad, Spinach, Cucumber, Broccoli, Cheese Cup, Diced Ham, Shredded Carrots, Boiled Egg, Garbanzo Beans, Croutons, Ranch</p>						
		1	2	3	4	5
		Welcome			Back	
						
6	7	8	9	10	11	12
	<u>No School</u>	<u>No School</u>	Pepperoni Pizza, Corn, Green Beans, Apricots, Mixed Fruit, Ranch, Jalapenos	Cheeseburger, Iceberg Lettuce, Sliced Tomato, Cucumber, Orange, Peaches, Ketchup, Mustard, Hot Cheetos	Chicken Wings, Roll, Corn on the Cob, Baby Carrots, Red Apple, Pineapple	
13	14	15	16	17	18	19
	Cheese Pull Apart, Potato Salad, Celery Stick, Strawberries, Fresh Orange	Spaghetti with Meat, Roll, Cheese Cup, Green Beans, Broccoli, Fresh Pear, Fresh Kiwis	Chicken Strips, Corn on the Cob, Baby Carrots, Pineapple, Applesauce, Garbanzo Beans, Doritos, BBQ Sauce, Ketchup	Pozole with Pork Meat, Shredded Cabbage, Red Radish, Lemon, Corn Tortilla Chips, Jicama Sticks, Red Apple, Fresh Kiwis	Ham and Cheese Sandwich, Iceberg Lettuce, Sliced Tomato, Cucumber, Peaches, Fresh Orange, Hot Cheetos, Mustard	
20	21	22	23	24	25	26
	Baked Potato Bar (6 th -12 th only), Bean Cheese Burrito (PS-5 th only), Cheese Cup, Bacon, Green Onion, Sour Cream, Jalapenos, Baby Carrots, Celery Stick, Apple Juice, Mixed Fruit	Orange Chicken, Steamed Rice, Corn, Broccoli, Fresh Tangerine, Apple Slices, Garbanzo Beans	Ground Beef Tostada, Shredded Lettuce, Diced Tomato, Cucumber, Fresh Orange, Pineapple, Salsa, Sour Cream	Chicken Sandwich, Iceberg Lettuce, Sliced Tomato, Jicama Stick, Fresh Grapes, Peaches, Ketchup, Mustard, Lays Potato Chips	Tuna Sandwich, Iceberg Lettuce, Sliced Tomato, Celery Stick, Watermelon, Applesauce, (Avocado 9 th -12 th) only, Mustard, Sun Chips	
27	28	29	30	31	Milk With Every Meal	Menu Subject To Change
	Pepperoni Pizza, Mixed Salad, Spinach, Cucumber, Fresh Orange, Fresh Nectarine, Ranch, Green Jalapenos	Barbacoa Burrito, Mexican Rice, Shredded Lettuce, Diced Tomato, Baby Carrots, Salsa, Orange Juice, Fresh Pear	Hamburger, Iceberg Lettuce, Sliced Tomato, Broccoli, Apple Slices, Pineapple, Ketchup, Mustard, Hot Cheetos	Frito Boat, Cheese Cup, Mixed Salad, Cucumber, Garbanzo Beans, Mixed Fruit, Fresh Mandarine, Frito Chips		